



## Beetroots vs. Radishes

Beetroots and radishes are two similar-looking root vegetables.

Both are most often red and sold in bunches with the greens and stems, all of which are edible.



Depending on the variety, beetroots are larger than radishes.

The two belong to different plant families:

Beetroots belong to the amaranth family (Amaranthaceae) and are related to chard, quinoa, and spinach, while radishes are part of the mustard family (Brassicaceae) along with cabbages, horseradish, and kale.

Tasting the two will definitely tell you that there's a difference: Beets are sweet and radishes are spicy.

