



Can you remember your Roots!



A



B



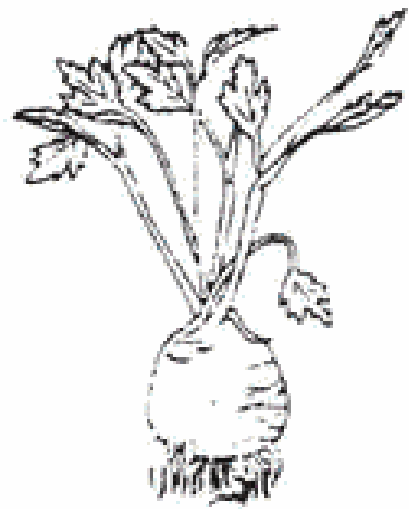
C



D



E



F

Answers - A - Carrot B - Beetroot C - Potato D - Onions E - Horseradish F - Celeric



Can you remember your Roots!

Can you identify the 6 root vegetable?

Would you be able to draw a line where you think the soil would be if each plant was still in the ground?

What part of each plant absorbs water if it rains and makes the plant grow?

Can you identify the part of the plant need the sun and why?

Do these plants need food? Why?

Can you identify which plants you can eat raw and which ones need cooking?

Many root vegetables are hard and have an earthy flavour, which is why they are more edible when cooked i.e. celeriac and swede. For those who prefer leaving their vegetables raw, carrots, beetroots, radishes, and onions are good choices.

There are some that can be eaten raw and cooked.