



## Country of origin and food miles worksheet

Use the food miles calculator to find how far the items you have in your shopping bag have travelled to get from field to your fork.

<http://www.foodmiles.com>

Name of food & variety (e.g. Gala apples)	Origin of product (e.g. Holland)	How far this food has travelled to your plate?	Picture of food
Avocado	Mexico	5551 miles	