



Crunchy Honey Biscuits

There are many variations of this recipe. It's quick and easy!

Makes: 30 Biscuits Time: 20 minutes to prepare

Ingredients:

175g/6oz. plain flour

75g/3oz. granulated sugar

1 tsp bicarbonate of soda

100g/4oz. butter or margarine

1 large tbsp clear honey

1 tbsp milk

Other:

Saucepan, fork, sieve, baking tray, wire rack, rolling pin

Method:

- 1. Preheated oven (180°C/Gas 5)
- 2. Warm honey and milk together and allow to cool.
- 3. Add bicarbonate of soda and beat with fork until frothy.
- 4. Cream the butter and sugar. Add frothy mixture and then the sieved flour.
- 5. Roll into small equal balls (about 3 cm diameter), place on greased baking tray and press slightly with a fork.
- 6. Bake on the middle shelf for about 10 minutes in until golden.
- 7. Leave to cool on a wire rack

