



## Glossary of terms in connection to food miles



**Food miles** – the distance between where something is grown/reared to where it's eaten. Food must travel from the farm it is grown on or the factory it is made in to a supermarket or shop to be sold.



**Local** – an area close to where you live. Fruits, vegetables and meat that are grown/reared near you would be considered local. A shop in your town/village would be a local shop as opposed to a shop you had to travel to i.e. supermarket



**Transport** – moving people, animals, or items for sale like food from one place to another. Food can travel by car, bus, lorry, boat and plane. These methods of transport all need a lot of energy.



**Carbon emissions** – harmful gases such as carbon dioxide are released into the earth's atmosphere when we use fossil fuels (coal and oil) to provide energy. We need energy to grow, produce and transport food. Some food uses more energy than others.



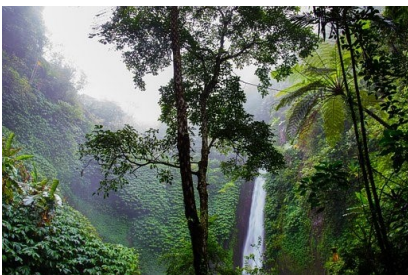
**Pollution** - is when gases, smoke and chemicals are introduced into the environment in large doses that makes it harmful for humans, animals and plants. Some forms of pollution can be seen, some are invisible. Our Earth has an atmosphere that's made up of different gases.



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**Deforestation** - refers to the reduction in forest areas across the world that are lost for other uses such as agricultural croplands, development, or transportation. Greatly accelerated by human activities since 1960, deforestation has been negatively affecting natural ecosystems, biodiversity, and the climate



**Rainforest** - is an area of tall, mostly evergreen trees and a high amount of rainfall. Rainforests are Earth's oldest living ecosystems, with some surviving in their present form for at least 70 million years. They can be found in America, Africa, Asia, New Guinea, and Australia, to name but a few.

