



Grow Your Own

PEPPERS

Bell peppers (also known as sweet peppers) come in all sorts of shapes and sizes. How you grow your pepper will depend on the variety. Peppers grow best in a greenhouse or a sunny, outdoor, sheltered location. The soil will need to be fertile with good drainage.

Sow: February to April

Harvest: July to October

1. Sow the seeds at a depth of 1cm in drills that are roughly 15cm apart to give them room to grow.
2. Cover the seeds with a layer of compost and water.
3. Once you've let the water drain from the pots, move the pot to a greenhouse, sunny window sill or to a sunny, sheltered location in your garden.
4. Germination will take place around 2 to 3 weeks.
5. Transfer each seedling once they're 6cm tall into 10cm pots. Transfer again to bigger 30cm individual pots when the plant looks like it's about to outgrow the pot.
6. Water regularly so the soil doesn't dry out but don't waterlog the plants.
7. Your peppers are ready for harvest when they're green, glossy and plump or leave until they're red.



Top Tip - Stake the plant to provide support for plants with heavy fruits

