



## Tempt your taste buds

One way for children to gain an understanding about bees and the honey they produce is to let them try different varieties of honey. Honey consists mainly of different types of sugar. If you keep honey in an airtight jar, it will never go off.

You can use any honey, but to get the best of this activity, we advise having at least two different varieties - the flavour of honey varies according to what sort of flower the nectar came from.

### You will need:

- Clean spoons or wooden stirrers (use once only)
- x2 Plates (1 for dirty spoons & 1 for clean spoons)
- Different variety jars of honey
- Kids Country honey-tasting guide
- Pen or pencil



### The steps are really easy to follow:

1. Take the lids off the honey and smell the honey
2. Take the time to taste a small amount of each honey on your spoon
3. After each taste complete our honey tasting guide

The **tongue** is a sensory organ and allows us to experience **tastes** - Enjoy!

**Remember – Never put a used spoon back into the honey.  
Always use a clean spoon.**



# Honey Tasting



Use the words below to describe your honey taste test experience.

Healthy	Spicy	Sour	Citrusy
Floral	Fruity	Caramel	Golden
Woody	Sweet	Salty	Nutty
Bitter	Clear	Chocolatey	Watery
Earthy	Thick	Grassy	Sticky
Vanilla	Runny	Refreshing	Tasty

I have tasted different types of honey and this is what I think:

My **first** favourite honey was \_\_\_\_\_.

It tasted \_\_\_\_\_ and \_\_\_\_\_.

My **second** favourite honey was \_\_\_\_\_.

It tasted \_\_\_\_\_ and \_\_\_\_\_.

My **third** favourite honey was \_\_\_\_\_.

It tasted \_\_\_\_\_ and \_\_\_\_\_.



NAME \_\_\_\_\_

Central England Co-operative