



Salt Dough Handprints

The Kids Country team have been busy experimenting in the kitchen with fun salt dough activities. We've made salt dough handprints but the recipe below could also be used to make salt dough Easter eggs and ornaments.

You will need:

- 250g of plain flour
- 125g of table salt
- 125ml of cold water
- Large mixing bowl

Step 1: Mix the flour and salt in a large bowl

Step 2: Create a well in the middle of the bowl and add the cold water

Step 3: Knead the mixture into a dough and shape into a ball - add more water if needed

Step 4: Roll out your dough (if you don't have a rolling pin, use a glass or bottle)

Step 5: Make a handprint in your dough

Step 6: Bake in the oven on a low heat for 3 hours or leave overnight to air dry

Top Tip - make colourful handprints by adding food colour whilst kneading

